

47th Annual Northwestern Vascular Symposium

DECEMBER 7-9, 2023

InterContinental Chicago Chicago, Illinois

SPONSORED BY:

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Feinberg School of Medicine

Northwestern University

Feinberg School of Medicine Division of Vascular Surgery and The Office of Continuing Medical Education

PROGRAM INFORMATION

TARGET AUDIENCE

Vascular surgeons, radiologists, cardiac surgeons, cardiologists and general surgeons who treat vascular disease. Also, current trainees in these disciplines and advanced practice providers in these areas of study.

EDUCATIONAL OBJECTIVES:

At the conclusion of the Northwestern Vascular Symposium, participants will be able to:

- 1. Discuss new information about treatment of lower extremity venous disease
- 2. Evaluate limitations of EVAR
- 3. Demonstrate treatment options for visceral and renal artery aneurysm and occlusive disease
- 4. Evaluate new developments in management of complex venous disease
- Relay information about latest development in treatment of thoracoabdominal aortic aneurysm disease
- List current treatment recommendations for extra-cranial carotid and supra-aortic trunk arterial occlusive disease
- 7. Discuss the growing application of TEVAR for thoracic aortic pathology
- 8. Recall information on the latest in treatment of upper extremity vascular disease
- Describe expected outcomes of lower extremity revascularization for arterial occlusive disease following open surgical and endovascular techniques
- 10. Discuss new trends in dialysis access surgery
- 11. Describe the role and importance of vascular surgery medicine in comprehensive clinical care
- 12. Evaluate the best practices for quality care
- 13. Review changes to new and upcoming procedural and outpatient coding and billing

CONFERENCE LOCATION

The program will be held at the InterContinental Chicago, 505 N. Michigan Avenue, Chicago, Illinois. Please contact the hotel directly at (312) 944-4100 for directions and parking information.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the InterContinental Chicago for a special rate of \$179 (plus tax) for single or double occupancy in the Main Building. Participants are responsible for making their own hotel reservations. Guests may register online by accessing the following link: Annual Northwestern Vascular Symposium. Otherwise, guests can call 1(800) 327-0200 or use the block code NAW to receive the reduced room rate. Room reservations made after November 22, 2023 are subject to availability at regular hotel rates.

Chicago is a popular vacation and convention destination. We recommend that you make your reservations as soon as possible in order to guarantee accommodations.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

AMERICAN BOARD OF SURGERY CONTINUOUS CERTIFICATION AND SELF-ASSESSMENT PROGRAMS

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME and Self-Assessment requirements of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

REFUNDS

Cancellations must be made in writing to the Office of Continuing Medical Education. The paid registration fee, minus a \$50 administrative charge, will be refunded.

SPECIAL NEEDS

The Feinberg School of Medicine fully intends to comply with the legal requirements of the American with Disabilities Act. If any participant of this conference is in need of accommodation, please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

FACULTY DISCLOSURES

Speakers are required to disclose any relevant financial relationships with commercial ACCMEdefined ineligible companies prior to the symposium. The course syllabus will identify any relevant financial relationships. All relevant financial relationships will be mitigated prior to the start of the activity

ADDITIONAL INFORMATION

Contact the Office of Continuing Medical Education, Northwestern University Feinberg School of Medicine, phone: 312-503-8533, fax: 312-503-4531, e-mail: cme@northwestern.edu or visit our website at https://northwestern.cloud-cme.com/vascular23. Please note: Credit card payments cannot be accepted for phone, postal mail or for on-site registrations. If you plan to register on-site, please bring a check made payable to "Northwestern University".

FACULTY

COURSE DIRECTOR: Mark K Eskandari MD

SPEAKERS & MODERATORS

Oliver O. Alami, MD Stanford University Palo Alto, CA

David G. Armstrong, MD, PhD Keck School of Medicine @ University of Southern California

Los Angeles, CA Donald T. Baril, MD

Cedars-Sinai Medical Center Los Angeles, CA

William F Beckerman MD Rutgers Robert Wood Johnson Medical School New Brunswick, NJ

Michael Belkin, MD Brigham and Women's Hospital Harvard Medical School Boston, MA

Daniel J. Bertges, MD University of Vermont Medical Center Burlington, VT

Elizabeth L. Chou, MD Cedars-Sinai Medical Center Los Angeles, CA Timothy W. Churchill, MD

Massachusetts General Hospital Boston, MA

Matthew A. Corriere, MD, MS University of Michigan Ann Arbor, MI R. Clement Darling III, MD

Albany Medical College Albany, NY Kush R. Desai, MD

Northwestern University Feinberg School of Medicine

Bart Dolmatch, MD The Palo Alto Medical Foundation Mountain View, CA Sharif Ellozy, MD

Weill Cornell New York, NY Eric D. Endean, MD

University of Kentucky College of Medicine Lexington, KY

Peter L. Faries, MD Icahn School of Medicine @ Mount Sinai New York, NY

Hugh A. Gelabert, MD David Geffen UCLA School of Medicine Los Angeles, CA

George E. Havelka, MD Northwestern Univers Feinberg School of Medicine Chicago, IL

Karen I. Ho. MD Northwestern University Feinberg School of Medicine

Andrew W. Hoel, MD Northwestern University Feinberg School of Medicine Chicago, IL Misty D. Humphries, MD University of California Davis Health Sacramento, CA

Jeffrey E. Indes, MD Montefiore Medical Center Albert Einstein College of Medicine Bronx, NY

Sumanas W Jordan MD PhD Northwestern University Feinberg School of Medicine Chicago, IL

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Anne Kurse, MSN Northwestern Medicine Chicago, IL

Joseph V. Lombardi, MD, MBA Camden, NI

Sean P. Lyden, MD Cleveland Clinic Cleveland, OH

Kimberly T. Malka, MD, PhD Tufts University School of Medicine Southern Maine Healthcare

Portland MF Neel A. Mansukhani, MD, MS Northwestern University Feinberg School of Medicine

Chicago, IL Rebecca Marmor, MD, MAS Johns Honkins University Baltimore, MD

Mary M. McDermott, MD Northwestern University Feinberg School of Medicine

Katharine L. McGinigle, MD, MPH University of North Carolina @ Chapel Hill Chapel Hill, NC

Christopher Mehta, MD Northwestern University Feinberg School of Medicine Chicago, IL

Matthew T. Menard, MD Harvard Medical School Boston, MA

Aleem K. Mirza, MD McGovern Medical School University of Texas Health Houston Houston, TX

Randy D. Moore, MD Cumming School of Medicine University of Calgary Calgary, Alberta CANADA Leigh Ann O'Banion, MD

University of California San Francisco-Fresno Fresno, CA

Peter R. Nelson, MD, MS University of Oklahoma OU-TU School of Community Medicine Tulsa, OK

C. Keith Osaki, MD Harvard Medical School Roston MA

Siddharth K. Prakash, MD. PhD University of Texas Health - Houston Houston, TX

Monica Rho, MD Northwestern University Feinberg School of Medicine Chicago, IL

Caron Rockman MD NYU Grossman School of Medicine NYU Langone New York, NY

Heron E. Rodriguez, MD Northwestern University Feinberg School of Medicine

Kimberly Rohan, MS, ANP-BC Elmhurst - Edwards Hematology Northwestern Medicine Naperville, IL

Carrie Rooy, COTA/L Hanger Clinics Chicago, IL Vincent L. Rowe, MD

David Geffen School of Medicine @ UCLA Los Angeles, CA

Luis A. Sanchez, MD Washington University School of Medicine St Louis MO

Salvatore T. Scali, MD University of Florida College of Medicine Gainesville, FL

Jeffrey J. Siracuse, MD, MBA Boston Medical Center Boston University Boston, MA

Christopher J. Smolock, MD Icahn School of Medicine @ Mount Sinai New York, NY

Tadaki M. Tomita, MD Northwestern University Feinberg School of Medicine Chicago, IL Ashley Vavra, MD

Northwestern University Feinberg School of Medicine Chicago, IL Alyssa M. Vela, PhD Northwestern University Feinberg School of Medicine

Chicago, IL

Gabriela Velazquez, MD Wake Forest University School of Medicine Winston Salem, NC Todd R. Vogel, MD, MPH

University of Missouri Columbia, MO

Grace J. Wang, MD Hospital of the University of Pennsylvania Philadelphia, PA

Beth Whippo, MSN, RN-BC Northwestern Memorial Hospital Chicago, IL

Bo Yang, MD, PhD University of Michigan Ann Arbor, MI

PROGRAM DESCRIPTION 2023

Welcome to the 47th Annual Northwestern Vascular Symposium. This 2.5 day course provides category 1 continuing medical education (CME) credits, maintenance of certification (MOC) credits, and a hardcover textbook authored by the invited faculty. We have brought together over 50 experts in their respective fields of vascular care who have contributed an up-to-date written chapter that accompanies their corresponding 15-minute presentation. As has been the tradition, we have selected speakers based on recent peerreviewed publications, national societal presentations, and/or recognized leaders in their discipline. The program provides a comprehensive analysis of the current management of vascular disease as it relates to treatment of extracranial cerebrovascular and supra-aortic trunk disease, new approaches to lower extremity arterial and venous problems, recent cutting-edge developments in open and endovascular approaches to treat aortic and visceral arterial disease, as well as novel techniques for hemodialysis access, complex venous problems, upper extremity disorders. Concluding each session, a 30-minute panel discussion will occur allowing the audience ample time to ask more indepth questions of the experts.

A longstanding tradition of our program has been the inclusion of several short case presentations given by the Northwestern Vascular Surgery trainees during the continental breakfast on Friday and Saturday mornings. We recognize the educational value of these case-based discussions and invite the audience to participate along with our expert panelists.

In addition to the CME and MOC credits, registration for the meeting includes a daily continental breakfast, lunch, refreshments, the hardcover textbook, and access to a PDF version of the textbook.

The Northwestern Vascular Surgery Team is excited to have you join us in Chicago around the holiday season and celebrate our 47th year of the meeting.

AGENDA

THURSDAY, DECEMBER 7, 2023

7:00 a.m. Registration and Continental

Breakfast

7:50 a.m. Welcome and Introduction

Mark K. Eskandari, MD

Aortic Diseases I

Moderator: Mark K. Eskandari, MD

8:00 a.m. Designing An Emergency EVAR Protocol For Ruptured Aneurysms

Randy Moore, MD, MSc

8:15 a.m. Management Of Isolated
Common Iliac Artery Aneurysms
Christopher J. Smolock, MD

8:30 a.m. Enhanced Recovery Pathway For Open Aortic Surgery Katharine L. McGinigle, MD, MPH

8:45 a.m. Comprehensive Review Of
Options For Managing Persistent
Type II Endoleaks With Sac
Expansion

Neel A. Mansukhani, MD, MS

9:00 a.m. Value Of Fenestrated And Branched Aortic Stent Grafting To Salvage Failed EVAR Kimberly T. Malka, MD, PhD

9:15 a.m. Panel Discussion

Panelists: Drs. Moore, Smolock, McGinigle,

Mansukhani and Malka

9:30 a.m. Refreshment Break and Exhibits

Aortic Diseases II

Moderator: Andrew W. Hoel, MD

10:00 a.m. Connection Between Long-Term Exercise And Ascending Aortic Enlargement

Timothy W. Churchill, MD

10:15 a.m. Special Considerations For Pre-Emptive Treatment Of Visceral Malperfusion Associated With Acute Type A Dissection Prior To Central Repair Bo Yang, MD, PhD

10:30 a.m. Open And Hybrid Approaches To Aortic Arch Reconstruction Christopher K. Mehta, MD

10:45 a.m. Advances In Total Aortic Arch Endovascular Repair Aleem K. Mirza, MD

11:00 a.m. **Failure Modes Of TEVAR Devices** Elizabeth L. Chou, MD

11:15 a.m. Building A Comprehensive Aortic Program That Supports Long-Term Follow-up Beth Whippo, MSN

11:30 a.m. Panel Discussion

Panelists: Drs. Churchill, Yang, Mehta, Mirza, Chou, and Whippo

12:00 p.m. Luncheon: Camelot Room

Complex Arterial And Venous **Diseases**

Moderator: George E. Havelka, MD

1:30 p.m. Retrograde Type A Dissection After TEVAR: Real World Analysis Grace J. Wang, MD

Ischemia-Reperfusion After Open 1:45 p.m. Mesenteric Bypass For Chronic Mesenteric Ischemia

Salvatore T. Scali, MD

2:00 p.m. Incidence And Management Of Peripheral Venous Aneurysms

Donald T. Baril, MD

Preferred Anticoagulant 2:15 p.m. Treatment For Distal DVT Jeffrey E. Indes, MD

Targeted Antibiotic Therapy For 2:30 p.m.

Osteomyelitis Anne Kurze, MSN,

2:45 p.m. Panel Discussion

Panelists: Drs. Wang, Scali, Baril Indes and Kurze

3:00 p.m. Refreshment Break and Exhibits

Vascular Access

Moderator: Ashley K. Vavra, MD

From Fistula First To Patient First: Shifting Considerations In

AV Access Creation Rebecca Marmor, MD

Current Status Of Percutaneous 3:45 p.m. Arteriovenous Fistula Devices

Peter R. Nelson, MD, MS

4:00 p.m. Arteriovenous Fistula Banding: Does It work?

C. Keith Ozaki, MD

4:15 p.m. The "Inside-Out" Technique: What Is It And How To Do It?

Eric D. Endean, MD

Summary Of The Arteriovenous 4:30 p.m. Access Covered Stent Clinical

Trials

Bart Dolmatch, MD

4:45 p.m. Panel Discussion

Panelists: Drs. Marmor, Nelson, Ozaki, Endean

and Dolmatch

5:00 p.m. Adjourn

FRIDAY, DECEMBER 8, 2023

Moderator: Heron E. Rodriguez, MD

7:00 a.m. Trainee Case Presentations and Continental Breakfast

Current Issues In Vascular Surgery

Moderator: Mark K. Eskandari, MD

Putting Out "Fires" In The 8:00 a.m. Operating Room- One Role of Vascular Surgeons

Michael Belkin, MD

8:15 a.m. "Vascular X-Factor" loseph V. Lombardi, MD, MBA

8:30 a.m. **Applying Simulation Based** Mastery Learning To Vascular **Surgery Skills Training** Tadaki M. Tomita, MD

Types And Value Of Virtual 8:45 a.m. Platform Learning Modalities William E. Beckerman, MD

The "Audible Bleeding" Podcast 9:00 a.m. Sharif Ellozy, MD

Tips To Minimize Occupational 9:15 a.m. Pain And Increase Your Surgical Longevity Monica Rho, MD

9:30 a.m. **Panel Discussion**

Panelists: Drs. Belkin, Lombardi, Tomita, Beckerman, Ellzoy and Rho

9:45 a.m. Refreshment Break and Exhibits

Extremity Diseases I

Moderator: Karen J. Ho, MD

10:00 a.m. Understanding Patient-Reported **Claudication Treatment Goals** Matthew A. Corriere, MD, MS

10:15 a.m. Percutaneous Endovascular Femoropopliteal Bypass-**DETOUR Trial** Sean P. Lyden, MD

10:30 a.m. Developing A Successful **Enhanced Recovery Pathway For Lower Extremity Bypass** Ashley K. Vavra, MD, MS

10:45 a.m. Benefit Of Prophylactic Closed-**Incision Negative Pressure Wound Therapy For Groin** Wounds Daniel J. Bertges, MD

11:00 a.m. Important Steps For Treatment And Surgical Management Of Diabetic Foot Ulcers: Your Wifi Settings David G. Armstrong, DPM, PhD

11:15 a.m. Panel Discussion

Panelists: Drs. Corriere, Lyden, Vavra, Bertges and Armstrong

11:30 a.m. Refreshment Break and Exhibits

Moderator: Heron E. Rodriguez, MD

12:00 p.m. Trainee Case Presentations and **Box Lunch**

Vascular Medicine

Moderator: Andrew W. Hoel, MD

1:30 p.m. Home-Based Walking Exercise For Claudication

Mary M. McDermott, MD

1:45 p.m. App-Based Exercise Program For

Claudication
Oliver O. Aalami, MD

2:00 p.m. Exercise Limitations In Patients

With Aortic Diseases

Siddharth K. Prakash, MD, PhD

2:15 p.m. Chronic Opioid Use In Patients
With Peripheral Arterial Disease
Undergoing Revascularization

Gabriela Velazquez-Ramirez, MD 2:30 p.m. Successful Smoking Cessation

Strategies

Kimberly Rohan, MS, ANP-BC

2:45 p.m. Anxiety And Depression Among

Patients With Cardiovascular

Disease

Alyssa M. Vela, PhD

3:00 p.m. Panel Discussion

Panelists: Drs. McDermott, Aalami, Prakash, Velazquez-Ramirez, Rohan, Vela

3:15 p.m. Refreshment Break and Exhibits

Extremity Diseases II

Moderator: Neel A. Mansukhani, MD

3:30 p.m. Preparing Amputees For

Prosthetic Use

Carrie Rooy, COTA/L Clinical Care

Coordinator

Loordinator

3:45 p.m. Factors Associated With

Major Limb Loss After Open Transmetarsal Amputation

Vincent L. Rowe, MD

4:00 p.m. Benefits Of Target Muscle

Reinnervation During Major Lower

Limb Amputation

Sumanas W. Jordan, MD, PhD

4:15 p.m. Role Of Endovascular Therapy For

Arterial Thoracic Outlet Disorders

Hugh A. Gelabert, MD

4:30 p.m. Single Session Thrombolysis/

Thrombectomy For Acute Upper

Extremity Venous TOS

Kush R. Desai, MD

4:45 p.m. Panel Discussion

Panelists: Drs. Roy, Rowe, Jordan, Gelabert and

Desai

5:00 p.m. Adjourn

SATURDAY, DECEMBER 9, 2023

Moderator: Ashley K. Vavra, MD

7:00 a.m. Trainee Case Presentations and

Continental Breakfast

■ Care Delivery And Vascular Practice

Moderator: Tadaki M. Tomita, MD

8:00 a.m. What Have We Learned From

BEST-CLI?

Matthew T. Menard, MD

8:15 a.m. Multidisciplinary Care After Major

Limb Amputation Leigh A. O'Banion, MD

ceigh A. O Bahlon, MD

8:30 a.m. Value Of The JVS Online Journal

Club

Misty D. Humphries, MD

8:45 a.m. Pathways To Develop Practicing

Surgeons Into Hospital And

Medical School Leaders Melina R. Kibbe, MD

9:00 a.m. Panel Discussion

Panelists: Drs. Menard, O'Banion, Humphries and

Kibbe

9:30 a.m. Refreshment Break and Exhibits

Cerebrovascular Disease

Moderator: Mark K. Eskandari, MD

10:00 a.m. Implantable Carotid Sinus

Stimulator For Heart Failure And

Refractory Hyertension

Luis A. Sanchez, MD

10:15 a.m. Remote History Of A Neurologic Event May Be A Marker

For Increased Risk Among

Asymptomatic Carotid Patients
Peter L. Faries, MD

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10:30 a.m. Outcomes And Role Of Shunting During CEA For Symptomatic

Patients

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Jeffrey J. Siracuse, MD, MBA

10:45 a.m. Understanding The Hazards And Benefits Of Carotid Interventions For Women

Comp De alors

Caron Rockman, MD

11:00 a.m. Role Of Adjunctive

Neuromonitoring With TCAR:

Todd R. Vogel, MD, MPH

11:15 a.m. Carotid Endarterectomy Closure: Primary, Eversion, Or Patch?

R. Clement Darling III, MD

11:30 a.m. Panel Discussion

Panelists: Drs. Sanchez, Faries, Siracuse,

Rockman, Vogel and Darling

12:00p.m. Closing Comments

Mark K. Eskandari, MD

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How to Register

Online: Go to: https://northwestern.cloud-cme.com/vascular23

Or Mail with Check to:
Northwestern University
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Division of Vascular Surgery
Attn: Marsha Blunt
676 N. Saint Clair St., Ste. 650, Arkes Pavilion
Chicago, IL 60611
Marsha.blunt@nm.org

Please make your check payable to Northwestern University.

The registration fee includes: 3 continental breakfasts, 2 lunches, refreshment breaks, and a course textbook. **Please note:** Credit card payments cannot be accepted for phone, postal mail, or for on-site registrations. If you plan to register on-site, please bring a check made payable to "Northwestern University".

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