

Surgery Research Growth and Engagement Newsletter

Issue 4 (Winter 2022)



Let's look back at what people expected from the future of medicine*:

1933: "The future human will be a cyclops." According to Thomas Hall Shastid, a Chicago ophthalmologist and literary author, as humans evolved from needing to see far into the distance to doing close-range tasks and skills, there would no longer be a need for two eyes.

1956: Francois Ody, a Swiss physician, predicted that a miracle pill would be developed that

could cure any ailment: "All the victories which have been the pride of brilliant surgeons will be forgotten."





"Forget incubators—the NICU will be full of artificial wombs. And Kate Ott will cure meningomyelocele." - Ben Many

"Most of cardiac surgery will be done robotically. There will be sutureless valves and coronary staplers" - Sarah Nisivasco

"Augmented reality robotic surgeries" - Ryan Jacobs "Robotic surgery from home" - Steven Papastefan

"People will still fall. Pedestrians will be struck by electric vehicles. Kids will crash hoverboards. People will be shot with lasers. Hopefully the ICU will not be full of COVID 2119." - Joe Posluszny

"Earlier detection of lung cancers and less lung cancer" -**Charles Logan**

"Breast cancer surgery will be performed only for tumors at the ex-

tremes: either so indolent that surgery alone would be curative, or so deviant that they recur or persist despite molecularly targeted drugs, with or without radiotherapy" - Seema Khan



What do YOU think will be the future of surgery?

"There will be targeted molecular therapies for cancer, decreased need for surgery, and more endoluminal surgery" - Mike McGee

"An automated laparoscopic camera holder" -Norah Zaza

"Most vascular surgeons will be women or from underrepresented minorities. Open aortic surgery will occur rarely, if at all." - Heron Rodriguez



"Plastic surgery will drive advances that apply to all other surgical fields, since insults that compromise the tissue and wound healing affect all surgical outcomes" - Sonj Aronson

> "We will be using stem cells and 3D-printer scaffolds" to grow livers that are functional and genetically personalized" - Justin Steggerda

"If I told you, I wouldn't be able to millions from it!" - Paola Barrios



Dhavan Shah and Bona Ko (senior author: Dave Bentrem) published an editorial on a cohort study examining post-resection liver decom-



pensation and mortality in patients with hepatocellular carcinoma and underlying cirrhosis.

Selcen Yuksel, Ava Chappell, and Brandon Jackson (senior author: Marco Ellis) published a systematic



review of interventions for lowering the incidence of persistent neuropathic pain after breast surgery.

First- and second-author publications from DOS residents and fellows from October until end of December 2021. Congratulations to all!

Nina Byskosh and Vivek Pamulapati (senior author: Karen Ho) quantified knowledge of peripheral arterial disease among patients and found significant knowledge deficits regardless





of severity of symptoms or history of major amputation or surgery for this disease.



Megan Fracol (senior author: John Kim) published a book review on a new reference book for modern and Plastic and promising techniques in Reconstructive breast reconstruction. Surgery

Emily Cerier (senior author: Ankit Bharat) has a new JAMA Surgery commentary entitled, "Role of pulmonary vaso-

dilators in ameliorating

JAMA Surgery

primary graft dysfunction following lung transplant." Emily also has 3 abstracts accepted at the 2022 ISHLT meeting!

MEET THE GUEST EDITOR



Maggie Reilly is Guest Editor of this edition of SURGE-N. Let's get to know her!

Where are you from? Toledo, Ohio What do you love about sur-

gery? I'm pursuing surgery be-

cause I like the creative nature and the ability to quickly fix a problem.

Which living person do you admire the most? / most admire Paul Farmer, co-founder of Partners in Health and a powerful advocate for high-quality health care in places with limited resources.

What are your research plans? I'm interested in improving patient knowledge about disease processes and enhancing access to health care among medically underserved patients.

What are you passionate about? I am an ice cream enthusiast!

Where is the best place for ice cream? Jeni's Thank you, Maggie, for your hard work putting this newsletter together!

Chicago Surgical History: DID YOU KNOW?

Open laparoscopy, or the "Hasson Technique," was developed in Chicago by Dr. Harrith Hasson. He first conceived of the idea in 1969, fresh out of residency. He first performed the technique in 1970 at Grant Hospital of Chicago,



but it was not immediately embraced. Reviewers rejected his effort to publish a report of 150 cases, calling the nature of this operation "rather ludicrous." After a decade of efforts to promote this technique, it became widely accepted and main-Source: Hasson, H.M. JSLS. 2007.11:399-402 stream.

Arielle Thomas (senior author: Anne Stey) has an Invited Commentary in

Journal of

Surgery

press entitled, "Doing our part to ad-

dress the opioid American epidemic."





Congratulations to all Northwestern trainees who have presentations at the **Academic Surgical Congress!** And once again, this year, the Department of Surgery is an Institutional Member.

17th Annual Academic Surgical Congress February 1-3, 2022 | Orlando, FL



ROUND OF APPLAUSE!



Egide Abahuje (mentors: Amy Halverson and Julie Johnson) - Northwestern Memorial Insurance Company Patient Safety Improvement Grant; Almost-FAMEous Certificate of Membership from Feinberg Academy of Medical Educators

Brooke Golisch - Surg Onc R38 (2022-2024 SOQIC Fellow)

Jessie Ho (mentor: Hasan Alam) - "Best Science Presentation" at American College of Surgeons Region V Committee on Trauma Meeting; Society of Asian Academic Surgeons Resident Development Scholarship Andrew Hu (mentor: Mehul Raval) - NUCATS Fall 2021 Pilot Grant Program

Lauren Janczewski - Surg Onc T32 (2022-2024 SOQIC Fellow)

Charles Logan (mentor: Dave Odell) - 2022 Society of Thoracic Surgeons Looking to the Future Scholarship Cassie Valukas - Surg Onc T32 (2022-2024 SOQIC Fellow)

Sam Warwar - Surg Onc T32 (2022-2024 SOQIC Fellow); Second Place in "Top 5 Residents/Fellows Best Presentation Competition" held at SAGES 2021 Annual Meeting (mentor: Ezra Teitelbaum)



GOOD LUCK TO THE FOLLOWING TRAINEES ON THEIR GRANT APPLICATIONS!!



Booker T. Davis, IV (mentor: Steve Schwulst) - "Fecal Microbiome Transfer Reverses Dysbiosis and Functional Deficits After Traumatic Brain Injury" (NIH K99/R00) **Audra Reiter (mentor: Mehul Raval)** - "IMplementation of Quality Improvement in Pediatric Surgery (AIM-QIPS)" (NIH R13)



Steven Papastefan (mentor: Aimen Shaaban) - "Reprogramming the endogenous retroviruslike protein PEG10 for placenta-targeted mRNA delivery for fetal growth restriction" (NIH F32)

Sam Linton (senior author: Fizan Abdullah) performed a <u>study</u> to assess whether wearable data availability during phone calls about postoperative pediatric patients affects clinician decision making and concluded that physiology data from consumergrade wearables, e.g., Fitbit[™], may be useful in triaging postoperative, post-discharge patients.



Congratulations to these trainees (mentor: Arun Gosain) who have presentations at AAPS in April 2022! Talks: Emily Chwa, Daniel Sasson, Jenna Stoehr, Josh Weissman. Posters: Sarah Applebaum, Nikhil Shah









rowse fl hrough faculty research descriptions here! l earn al out research funding opportunities for udents here!

When are regional and national surgical conferences and abstract deadlines? **Bookmark the "Surgical Conferences Calendar"!**

Taylor Brown (mentors: Bin Jiang and Karen Ho) presented a poster on "Role of Sympathetic Denervation in the Development of Vascular Calcification" at the BMES Annual Meeting in BMES BIOMEDICAL ENGINEERING October 2021.





Debbie Li was a panelist on a Debakey CV livestream on "Pregnancy Challenges for Female Sur-

geons: the Data Behind Real World Ex-

perience" from Houston Method-

ist in December 2021. Debbie also

nated by Matt Chia.

participated in this podcast on "Clinical

Challenges in Surgical Education: Preg-

nancy and Parenthood" that was coordi-

BEHIND ^{III}KNIFF

Andrew Hu (senior author: Mehul Raval) performed semi-structured interviews of participants in the Pediatric Sur-

gery Quality Collaborative to understand why high CT utilization rates for pediatric, appendicitis are still observed across many hospitals. "Our findings highlight that future quality improvement efforts



Journal of Pediatric Surgery

should target resource availability, protocol adherence, collaborative culture, and radiation reduction champions."



Brian Brajcich (senior author: Ryan Merkow) summarizes the evidence and makes 4 main recommendations in "Management of colorectal cancer during the COVID-19 pandemic: Recommenda-

tions from a statewide multidisciplinary cancer collaborative," concluding that "such recommendations would be applicable to future outbreaks of COVID-19

or other large-scale disruptions in cancer care."

DNCOLOG

Paul Devlin (senior author: Sunjay Kaushal) published an editorial, "Come on maybe lyse my fire? Cell-free DNA: A potential novel therapeutic target for postcardiopulmonary bypass inflammation," concluding that nuclear and mitochondrial cell-free DNA targeting



could improve postoperative outcomes in the field of pediatric cardiac surgery.

Andres Guerra and Calvin Chao (senior author: Mark Eskandari) performed a single-center retro-

spective study of all patients undergoing EVAR and found that MAC plus local anesthesia is associated with decreased rates of urinary retention after elective EVAR in male patients.



Annals of Vascular Surgery