How to Give a Talk

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Outline

- Preparation
- Structure
- Delivery



Preparation

- Abstract should reflect near final data, if not final
 - Ok to perform additional sensitivity analyses, add more complex findings later
- Begin planning as soon as talk accepted for oral presentation
- Best preparation is writing the paper, submitting to journal, and receiving reviewer comments
 - Double the work if do this later
- Ask yourself early: What is the purpose? Why is this important and interesting? What do people need to know about the background to understand?
- Know your audience



- Many different formats (but ours is the best!)
- Use contrasting colors

Should be able to read in the back

Goal is simplicity and clarity

Prefer not to use widescreen unless forced



Title

- Can be provocative
- Large, bold font
- Author list organization
- Don't emphasize yourself
- Icons are good
- Include institution

Appropriateness of Intraperitoneal Chemotherapy in The United States: Time for a Dedicated Registry?

Ryan J. Ellis, MD, MS; Anthony D. Yang, MD, MS; Karl Y. Bilimoria, MD MS; Ryan P. Merkow, MD, MS

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- DON'T WASTE TIME ON THE TITLE SLIDE
- Let the audience read disclosures and move on

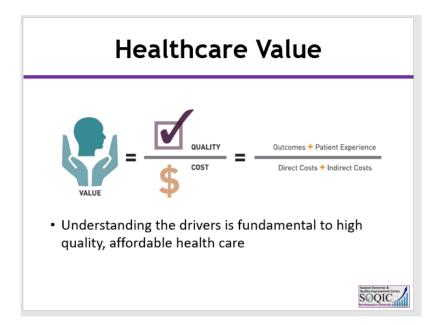


Background

- Descriptive title (not just "background")
- Try to never go below 20-24 font if possible
- Clearly set up talk
 - Introduce the topic
 - State the problem, and why its important, why should your audience care?

- Pitfalls:

- Too long
- No clarity on the problem
- Overstating importance or novelty







- Objectives
 - Same as abstract
 - Up to three

Objective

 Define the actual cost of individual 30-day complications using robust, clinical data from a diverse group of hospitals





Methods

- Be concise, only the relevant information
- Patient population, dataset used, exposure variable(s) definition, outcome(s) definition, statistical analysis
- For quick shot:

Methods

Patients

- Surgical patients (n=6,387) who underwent surgery at 4 Illinois hospitals
 - 1 academic medical center
 - 1 comprehensive community
 - 2 community

Costs

 Actual total 30-day costs (direct + indirect)

Outcomes

- ACS NSQIP data
- Standardized, 30-day outcomes

Statistical Analysis

- Unadjusted cost among patients with/without a complication
- 2) Adjusted costs
 - Median regression, accounting for hospital effects and patients factors





Results

- Use descriptive titles, not just "results" (e.g., "Patient Characteristics")
- Do not copy tables from paper
- Never say "this slide is hard to read"
 - Recreate tables / figures for the talk
- Carefully use animation (distracting if too much)
- Go slow must walk people through tables / figures
- Keep it simple
- A confusing figure will derail your message

- Pitfalls:

- No interpretation in this section
- Don't overstate data
- Don't rush this section
- Don't over complicate the data and your message



Discussion

- Summary slide
- Limitations
 - Don't just state the obvious
 - Can inoculate yourself here
- Conclusions
 - Not a summary
 - Interpret your findings and indicate implications
 - Next steps (don't just say "A trial is needed to...")

Pitfalls

- Redundant
- Over stating findings and importance
- Not sticking to organization of objectives, emphasizing subanalyses/sensitivity analyses, not main findings



- Acknowledgements
 - OPTIONAL
 - VERY brief
 - Do not be dramatic or overly reverent
 - Picture is fine

Last slide is title slide



Delivery / Day of Talk

- Go to the room early, stand at the podium, learn slide advancement etc
- Talk slowly, deliberately
 - Take introductory sentence to podium and read it to break the seal
- Timing
 - Goal is 10 min for 12 min talk etc.
- Stand strong, tall, eye contact
- Ok to memorize at first, but practice at nauseum
 - Eye contact (DO NOT READ YOUR TALK)
 - Prune words on the slide over time
- Avoid jargon, abbreviations no one knows
- Know your audience
- Have fun be excited to share your data!



Q & A

- Bring paper and pen to be ready
- Be polite, friendly, and confident
- Do not lie, or make up data
 - Better to say you do not know
- Be prepared!
- If you don't understand a question, you can:
 - Restate the question
 - Ask the moderator for clarification
 - Answer what you think is relevant
- Do not be
 - Arrogant, loose your cool, argumentative
 - Do not ignore questions (your not at a political debate)
- Discussant can be a friend or foe
 - Send talk early, send draft of paper early
 - Appropriately respond to tips / critiques / suggestions



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