DUTY HOURS:

Resident duty hours will be limited to 80 hours per week or less, averaged over four weeks, on all rotations and at all off-site locations. Duty hours are defined as all clinical and academic activities related to the residency program, i.e., patient care (both inpatient and outpatient), administrative duties related to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled academic activities such as conferences. Duty hours do not include reading and preparation time spent away from the duty site. All residents will have a minimum of 24 continuous hours per week free from duty, averaged over four weeks, and will have a minimum of 10 hours off between work periods. Duty periods of PGY-1 residents will not exceed 16 hours in duration. Duty periods of PGY-2-5 residents must not exceed 28 hours in duration.

1. NMH

   Resident hours on night float system at Northwestern Memorial Hospital are as follows:

   6:00pm-7:00am, Sunday through Tuesday
   6:00pm-9:00am, Wednesday
   6:00pm-8:00am, Thursday (Resident attends 2 hours of didactic lectures on Thursday mornings)
   6:00pm-7:00am, Friday (Resident attends Friday morning M&M)

   Residents on the Northwestern Memorial Hospital apprentice and small team rotations will work days 6:00am–6:00pm Monday through Friday, EXCEPT Thursday when they work 6:00am to 7:00pm. On the weekend, residents on these rotations provide coverage on Saturday and Sunday in lieu of the night float team. For PGY1 residents, call consists of two shifts on Saturday (6a-6p and 6p-6a) and one shift on Sunday (6a-6p). For PGY2-5 residents, there is one 24-hour Saturday shift and one 12-hour shift on Sunday.

2. VA

   Residents rotating at the VA will work 6:00am–6:00pm Monday–Friday with the following exceptions or additions for call:

   **PGY1**: residents will provide night float (6p-6a Sunday through Friday) during one week of their rotation. For weeks not spent on night float, PGY1 residents will alternate coverage of a 12-hour shift on Saturday (6a-6p or 6p-6a) or on Sunday (6a-6p).
   **PGY2**: residents alternate overnight call every third or fourth night.
   **PGY5**: home call alternates weekly home call with the UIC chief.
3. Ann & Robert H. Lurie Children's Hospital of Chicago

PGY1 residents will work 12-hour shifts. Evening call duties will be preceded by minimum 10 hours free of clinical duties. PGY4 residents work 12-hour shifts daily and alternate overnight call every third or fourth night maximum.

4. MacNeal

Residents at MacNeal work a night float system, where one resident per week works 6pm to 6am Sunday evening through Saturday morning. This resident is then off from Saturday morning until Monday morning. The remainder of the residents works from 6am to 6pm Monday through Friday. There is a 24 hour Saturday call and a 12 hour Sunday call. Following a 24 hour weekend call, that resident is given one weekday off of clinical duty if needed to ensure 4 days off per month.

**MONITORING OF RESIDENT DUTY HOURS**

Residents are required to log their duty hours on every rotation via New Innovations. Duty hours should be logged daily. Duty hours for any given day must be logged within 8 days on a continuous basis. Failure to comply with this requirement will result in an intervention by the program director and possible suspension. Duty hours are reviewed by the program director on a monthly basis. Rotations that are not compliant with duty hours will be required to submit a plan to the program director.

**BACK-UP FOR UNUSUAL CIRCUMSTANCES**

The supervising faculty member monitors unusual difficulty or stress during the daytime. The program director will be notified of such events. During the nightfloat rotation, the chief resident and the TEC for the nightfloat rotation will monitor resident difficulty or stress. Residents rotating on the apprentice or small team rotations are expected to be available, by pager to the Chief resident, to assist during periods of heavy volume.